

Can 2 legs
beat 4?

RUNNER VS RIDER



Riding for the Disabled Association
Machars Group

Big Fundraising Day

Sunday 4th September 2016

@ Barstobrick Equestrian Centre, Ringford, Castle Douglas



Timed endurance races for individual runners, runner/rider teams and our RDA riders.

See our RDA riders having fun. Join in as a runner for our riders around our obstacle course.

RAFFLE

Tables available indoors for retail/business sales.
£10 per table.

Lovely wooden medals for all competitors.

Cake stall, with cake decorating competition!
Rosettes awarded for best runner and rider designs.

Trophies for overall winners.

CLASSES AND SCHEDULE

Class 1:- Neilson Monument Hill Run	3.5km Juniors up to 14 years 3.5km Seniors 14 years and over	10 am approx.
Class 2:- Endurance	8km Open class for runner and rider teams	11 am approx.
Class 3:- Trail	4km Open class for runner and rider teams	12.30 pm approx.
Class 4:- RDA Outdoor Endurance	2.5km For RDA Riders	1.30 pm approx.
Class 5:- Family Endurance	2.5km Runner and rider family teams including best turned out.	1.30 pm approx.
Class 6:- RDA Indoor Endurance	1km For RDA Riders with handicapped obstacle course for the runner	11am onwards

All monies raised from sponsorship, table hire, raffle and cake stall to go to RDA Machars Group

Entries:- Only one entry per class.

Team classes 2, 3 and 5 are £15 per team. A team is a runner and a rider/horse combination. The rider may have a family member leading in class 5. Teams must complete and entry form and pay in advance by 29th August. See entry form for full details.

All other classes £5 per entry and runner entries on the day £5

Runners that are not part of a team may take part in classes 1,2,3 & 5. Runners will be set off 5 mins before riders except family class.

Closing date for postal entries is 29th August. On arrival please report to Secretary to book in, collect numbers and check times.

Rider Entries:-

Insurance - All riders must have 3rd party public liability insurance. Your policy number must be filled in on the entry form.

Riders hats must be of current British Standards with a British Kite Mark. Medical arm bands and Hi-Vis vests must be worn.

There will be marked walk sections on the courses—riders will be penalised if the correct pace is not maintained.

There will be optional canter sections on the courses. There will be a tack inspection prior to warm up.

See over for sponsor and entry form. Extra entry/sponsor forms are available to print from our website www.machars-rda.co.uk or available at Barstobrick, WCF, Castle Douglas and Murray Farmcare, Dumfries. For full rules please see our website. Enquires to Justine Hunter-Brown 07762 522073 or Jean Clarkson 01557 814672. For table hire contact Veronica Harris 01556 288645